

## Abstract of the Disclosure

A safety seat for land vehicles, aircraft or vessels, comprising a harness for suspension from fixed points of a vehicle and for supporting a vehicle occupant. Belt retractors are disposed at the fixed vehicle points, and fabric supporting belts extend from the harness to the retractors, which pretension the belts in a direction of retraction. A manually operable switching device allows the belt retractors to be switched into a free running state, a blocking state, or a positioning state. The free running state permits free withdrawal of the belts in a direction opposite to the pretension. The blocking state effects a complete blocking of the belts in both the withdrawal and the retraction directions. The positioning state effects blocking of the belts in only the withdrawal direction.